



DAY-to-DAY

NOTE TO PARENTS: The goal of this series is to teach kids how to live out their faith in the day-to-day, talking with God in the everyday moments without it feeling like faith is something to check off a to-do list.

Each week will follow a theme and have a list of suggestions that can be slotted into your daily routine. Please don't feel pressured to do everything! Pick a couple of things you think your kids will enjoy. This isn't meant to be a sit-down lesson, but easy-to-put-together activities that can be done whenever you have a chance. A lot of the content is play based, using games as a tool to get kids thinking about God and creating intentional conversations.

WEEK EIGHT: What does the bible say about... RACISM?

Aim: For kids to understand all people are loved and have worth. We should celebrate our differences. No one should be treated differently because of their race.

Memory Verse

John 13:34 NLT

So now I am giving you a new commandment: Love each other. Just as I have loved you, you should love each other.

Things to do...

Suggestions:

- Celebrate different cultures! Try a new food from another country. **LINK:** Sometimes we're afraid of things that aren't familiar. We can learn to be open to new things and celebrate what is different.
- Play dress up. **LINK:** Different cultures dress in different ways. We should not treat people differently because of the way they look or the colour of their skin. God is our creator – that means all people have equal worth, all people are valued!
- Have a Christmas Family Night! **Yes, it's summer, but what a fun and memorable moment for your kids. Play your favourite Christmas movie, wear Christmas jammies, or bake some Christmas treats.** **LINK:** Racism isn't just about skin colour, people can judge others because of their culture and the traditions that they follow. At Church, we celebrate Christmas, it's an important date in our calendar. Others may value other traditions. It's important that we are respectful of others and their values even if we don't celebrate the same things.
- Play with PlayDoh. Try and make a sculpture of someone you know. If you do not have Playdoh at home, you could draw a picture instead. **LINK:** God is our creator; He made us and loves us. People have worth not because of the colour of their skin, but because of who their creator is.
- Make Paper Dolls (Tutorials are available online) **LINK:** You could decorate the dolls as people of different

ethnicities. Crayola just brought out a skin colour crayon pack. Chat with your kids about different skin colours and cultures, how all people are wonderfully & beautifully made and loved by God.

- Learn a few phrases in another language. Or play a game 'How many ways can we say hello'. We're blessed to live in such a diverse nation. After English, the most commonly spoken languages in BC are Cantonese, Mandarin, Punjabi, German, Tagalog, Korean and Farsi. 26% of people in BC speak a language other than English as their first language.

Things to watch...

Suggestions:

- Right Now Media has some great resources. If you don't have an account, please email the church and we'll set you up with a free login.

1. Holy Moly, Volume 3, Episode 9, 'The Parable of the Good Samaritan'

- A 2 minute video with Elmo, talking about Racism and discussing the Black Lives Matter protests that are happening across the world right now.

<https://www.youtube.com/watch?v=uFCxtgdgvzxs>

- The movie "Ice Age" (A unlikely group of animals work together to reunite a baby with it's family) **LINK:** The characters in the movie jump to a lot of conclusions about each other based on stereotypes, as they get to know one another, they start to see past their differences. Chat with your kids about stereotypes, do they jump to any conclusions about people?

Things to read...

Suggestions:

- The parable of the Good Samaritan

(Luke 10:25-37) **LINK:** Jewish people hated Samaritans. This story would have been shocking to them. In that context, it helps us to understand prejudice. We should love one another, not judge people on their skin colour or where they're from.

(To help your kids engage with what's happening in the scripture, ask them to act out the story)

- Read 'Whoever you are' by Mem Fox. If you don't own the book, there are readings on YouTube.

<https://www.youtube.com/watch?v=f0J6tKoT53Y>

- Read 'Yoko' by Rosemary Wells. If you don't own the book, there are readings on YouTube.

<https://www.youtube.com/watch?v=LuHsjowW3MU5>

Things to think about/talk about...

Suggestions:

- Chat about the Black Lives Matter protests; ask your kids if they have any questions about what's happening around the world right now.

- Talk with them about what racism can look like. Sometimes our prejudices are subtle yet they still impact our attitude to others.

- Talk about our differences as people, celebrate those differences. We have this in common - we are all created and loved by God. We should treat people that way.

- What are practical things we can do to show others God's love?

