



# DAY-to-DAY

**NOTE TO PARENTS:** The goal of this series is to teach kids how to live out their faith in the day-to-day, talking with God in the everyday moments without it feeling like faith is something to check off a to-do list.

Each week will follow a theme and have a list of suggestions that can be slotted into your daily routine. Please don't feel pressured to do everything! Pick a couple of things you think your kids will enjoy. This isn't meant to be a sit-down lesson, but easy-to-put-together activities that can be done whenever you have a chance. A lot of the content is play-based, using games as a tool to get kids thinking about God and creating intentional conversations.

## WEEK TEN: What does the bible say about...how to live?

**Aim:** For kids to understand we should live a life that brings praise and glory to God. We should look different from the world around us, pointing others to Jesus by our example.

### Memory Verse

Psalms 103:1 NLT

Let all that I am praise the LORD;  
with my whole heart, I will praise his holy name.

### Things to do...

#### Suggestions:

- Look up some Kids action worship songs online.
- Make an instrument (online tutorials available)

<https://www.youtube.com/watch?v=7nchegAixP0>

LINK: We can praise God with music and singing.

- Be creative! Pull out some craft supplies & create!

LINK: Worship isn't just singing; art can be an expression of worship, as can the way we live our lives. Worship is bringing glory to God. Using whatever we have to point to Him & His goodness.

- Be thankful! Say what you're thankful for. (Bedtime or dinner time would be great opportunities for this.)

LINK: Thanksgiving goes hand in hand with praise!

- Be active! Go for a walk or a run or get outside and play. LINK: We can praise God by taking care of the gifts He's given us. Our bodies are a gift! Making small choices to be healthy is a way of giving Him glory.

- Be generous! Share your toys with a friend or sibling, give some items to the food bank or offer to help a neighbour. LINK: Putting others first helps us to learn and live in a way that pleases God. It's good to be conscious of others and to care for them!

- Play 'Spot the odd one out' List 4 items (for example, Apple, Strawberry, Banana, Maple leaf) Kids guess which is the odd one out (In the example, the banana is the odd one out, all the others turn from green to red.) LINK: Living a life that pleases God often makes us stand out. It isn't always a popular choice, or an easy choice to make, but it's the best choice!

- Be an encourager! Make a picture, write a card, or phone someone to encourage them. LINK: God wants us to live a life that builds others up, not tears them down. Encouraging others with truths and kindness is a great way to build them up.

### Things to watch...

#### Suggestions:

- Right Now Media has some great resources. If you don't have an account, please email the church and we'll set you up with a free login.

1. The Mr. Phil Show, Season 4, Episode 4, 'Doing Things for God'
2. Awesome Bible Adventures, 'Escape the Fiery Furnace'

### Things to read...

#### Suggestions:

- The story of Shadrach, Meshach and Abednego (Daniel 3) LINK: The king was trying to force the Israelites to worship another god. 3 Israelite men make a stand to live a life that praises God even though it puts them in great danger. (To help your kids engage with what's happening in the scripture, ask them to make a comic of the story or to act out what's happening with toys)

### Things to think about/talk about...

#### Suggestions:

- Chat with your kids about what they are good at and what they enjoy. How can they use those gifts to praise God?
- Is living a life that follows God and brings Him praise an easy thing to do?
- Is living a life that follows God and brings Him praise always what we want to do?
- What will encourage us to live a life for Jesus in the not-so-easy moments? Who or what can we turn to?

